

DOI: 10.5281/zenodo.19263249

EXPLORING THE INTEGRATION OF UNIVERSAL DESIGN FOR LEARNING IN ETHNOMATHEMATICS TEACHING: A SYSTEMATIC LITERATURE REVIEW OF THE SOUTH AFRICAN CONTEXT

Mncedisi Christian Maphalala¹, Felix O. Egara², Matshidiso M. Moleko³, Puleng D. Motseki⁴, Themba M. Mthethwa⁵, Mathomo M. Moila⁶, Nomathamsanqa A. Wongo⁷

¹Department of Curriculum & Instructional Studies, University of South Africa, Email: emaphamc@unisa.ac.za Orcid ID: <https://orcid.org/0000-0002-1078-1985>

²University of the Free State, South Africa. Email: Egara.FO@ufs.ac.za Orcid ID: <https://orcid.org/0000-0002-6249-9615>

³Department of Curriculum and Instructional Studies, University of South Africa. Email: molekmm1@unisa.ac.za Orcid ID: <https://orcid.org/0009-0007-0515-0808>

⁴Department of Mathematics Education, College of Education, University of South Africa. Email: motsepd@unisa.ac.za Orcid ID: <https://orcid.org/0000-0001-6996-3225>

⁵Mangosuthu University of Technology, Mathematics and Science Education Unit (MSEU), Durban, South Africa. Email: Mthethwa.Themba@mut.ac.za Orcid ID: <https://orcid.org/0000-0001-7523-2584>

⁶Department of Curriculum and Instructional Studies, College of Education, University of South Africa. Email: emoilamm@unisa.ac.za Orcid ID: <https://orcid.org/0000-0001-5503-3836>

⁷Department of Curriculum & Instructional Studies, University of South Africa, Email: ewongo@unisa.ac.za Orcid ID: <https://orcid.org/0009-0001-0136-2770>

Received: 05/02/2026

Accepted: 07/03/2026

Corresponding Author: Mncedisi Christian Maphalala
(emaphamc@unisa.ac.za)

ABSTRACT

This review examines the application of Universal Design for Learning (UDL) in supporting ethnomathematics teaching in South African schools. Using a PRISMA-aligned systematic review, we analysed peer-reviewed studies published between January 2015 and July 2025. Of 520 records screened, 21 met the inclusion criteria and were synthesised qualitatively. Six clear findings emerged: (1) national policies and CAPS create a supportive environment for UDL-informed, context-rich mathematics; (2) culturally relevant tasks (e.g., indigenous games) improve learner engagement; (3) local artefacts (e.g., beadwork) provide multiple representations that enhance understanding; (4) teacher knowledge and sustained professional development are critical. A purposeful UDL integration can make ethnomathematics more accessible, meaningful, and inclusive in diverse South African classrooms. The review concludes that purposeful integration of UDL with ethnomathematics provides both pedagogical and cultural legitimacy, advancing inclusive mathematics education in South Africa. However, policy frameworks alone are insufficient; teachers require ongoing training, contextual resources, and support to translate inclusive principles into practice. The study recommends embedding UDL principles into teacher education programmes, designing continuous professional

development focused on culturally responsive pedagogy, and leveraging community knowledge systems to create more inclusive and engaging mathematics classrooms.

KEYWORDS: Universal Design for Learning; Ethnomathematics; Inclusive Education; Mathematics Education; South Africa; PRISMA; Systematic Review.

1. BACKGROUND

Despite policy commitments to inclusion, mathematics classrooms in South Africa continue to face barriers related to language diversity, resource constraints, and curricula that do not reflect the local culture (DBE, 2001, 2011, 2014). These challenges contribute to ongoing achievement gaps, particularly for learners from disadvantaged communities, and raise urgent questions about how to make mathematics teaching more accessible, equitable, and culturally responsive. Mathematics education is not merely about transmitting abstract knowledge; it also reflects societal inequities while having the potential to transform them by creating learning environments where all learners can meaningfully participate (Bakker et al., 2021; Yolcu, 2019). Internationally, research focused on equity has increasingly shown that traditional approaches to mathematics often alienate learners from disadvantaged backgrounds (Crespo et al., 2022; Matthews et al., 2022). In South Africa, large-scale assessments such as TIMSS reveal stark inequalities in mathematics achievement that span socio-economic, linguistic, and geographic divides (Reddy et al., 2019). These findings underscore the necessity for more transformative pedagogical approaches, such as ethnomathematics and Universal Design for Learning (UDL).

Ethnomathematics emphasises how mathematical concepts are intertwined with cultural practices, artefacts, and games, providing students with familiar and meaningful methods to engage with mathematics (D'Ambrosio, 2001; Gerdes, 1998; Chahine, 2016). In South Africa, for example, beadwork patterns illustrate symmetry and geometry, while weaving demonstrates number patterns. Indigenous games like Morabaraba encourage counting, logic, and strategic thinking (Meeran, Kodisang, Moila, Davids, & Makokotlela, 2024). These methods make mathematics more relatable and affirm learners' cultural identities. However, although ethnomathematics has been widely recognised as a tool for inclusive education (Kabuye Batiibwe, 2024), its implementation remains inconsistent in developing regions. South African teachers often creatively adapt cultural resources, but they encounter challenges aligning these practices with the CAPS curriculum due to a lack of structured training and clear guidelines (Meeran & Van Wyk, 2022; Meeran et al., 2024). Beyond pedagogy, ethnomathematics plays a vital role in decolonising mathematics education by challenging Eurocentric traditions and grounding mathematics learning in students' lived experiences (Msila & Gumbo, 2016; Bhuda & Pudi, 2020; Mosimege & Egara, 2023).

The Universal Design Learning recognises that learners differ in how they are motivated, how they perceive and process information, and how they demonstrate what they know. Its three principles, namely: multiple means of engagement, representation, and action/expression, are closely related to brain networks associated with affective, recognition, and strategic learning processes (Boothe, Lohmann, Donnell, & Hall, 2018; Rose & Strangman, 2007). These principles correspond to affective, recognition, and strategic learning processes in the brain (Boothe, Lohmann, Donnell, & Hall, 2018; Rose & Strangman, 2007). UDL emphasises flexible and varied instructional approaches that challenge and support all learners (Hitchcock, Meyer, Rose, & Jackson, 2002; Rose, Gravel, & Domings, 2010). In the South African context, where learners come from diverse linguistic, cultural, and socio-economic backgrounds, UDL holds relevance because it enables teachers to anticipate learner variability and design lessons that are accessible, inclusive, and meaningful.

Integrating UDL with ethnomathematics presents a powerful synergy. Ethnomathematics provides culturally relevant and real-life entry points into mathematics, while UDL ensures these are presented in ways that engage all learners, offer conceptual access, and create equitable assessment opportunities (CAST, 2018, 2024; D'Ambrosio, 2001). This integration makes mathematics both inclusive and rigorous, aligning with South African policy priorities. The national policy environment, as outlined in White Paper 6, SIAS, and CAPS, emphasises barrier reduction, contextualised learning, and differentiated support, creating clear entry points for UDL-informed ethnomathematics (DBE, 2001, 2011, 2014).

While promising studies demonstrate the value of using cultural artefacts and indigenous games in mathematics teaching, systematic evidence on UDL-guided instructional design, assessment practices, and teacher professional development in South Africa remains fragmented (Nkopodi & Mosimege, 2009; Chahine, 2016). Small-scale case studies highlight teacher creativity and learner engagement, but they lack consistent frameworks for integration. This gap justifies a systematic literature review (SLR) to synthesise available evidence, identify barriers and enablers, and chart pathways for more structured integration of UDL and ethnomathematics.

This review synthesises evidence on how UDL principles are enacted within ethnomathematics teaching in South Africa. It asks: (1) How are UDL

principles operationalised in ethnomathematics-based mathematics lessons? (2) What barriers and enablers influence the integration of UDL with ethnomathematics? and (3) What learner outcomes are reported in terms of access, engagement, and achievement? The review focuses on peer-reviewed studies conducted in South African school contexts where cultural artefacts, games, and community knowledge intersect with mathematics, and analyses how these practices align with UDL principles to promote equity and inclusion. Findings will inform teacher planning templates, guide professional development priorities, and surface policy-aligned strategies for inclusive, culturally grounded mathematics teaching. They will also contribute to research by highlighting knowledge gaps and offering frameworks for systematically integrating UDL with ethnomathematics in South African classrooms.

2. THEORETICAL FRAMEWORK

A theoretical framework provides the conceptual lens through which a study is viewed, interpreted, and analysed. It underpins the study by linking theory with practice, guiding the research questions, data interpretation, and overall scholarly contribution (Anfara & Mertz, 2015). In this study, the theoretical framework combines Vygotsky's Sociocultural Theory and Universal Design for Learning (UDL) to provide an understanding of how mathematics education can be transformed to promote inclusion, equity, and cultural relevance in the South African context.

The Sociocultural Theory posits that learning is inherently social and shaped by cultural tools, language, and interaction (Vygotsky, 1978; Lave & Wenger, 1991). Key principles include the Zone of Proximal Development (ZPD) and the role of the More Knowledgeable Other (MKO), which highlight that knowledge is co-constructed through guided interaction and scaffolding. In mathematics education, this means that learners construct understanding by engaging with peers, teachers, and culturally relevant artefacts. The strength of Sociocultural Theory lies in its emphasis on collaboration and contextualisation, which resonates with ethnomathematics and inclusive pedagogies (Wertsch, 1991).

On the other hand, in complementing Sociocultural Theory, we employ the Universal Design for Learning (UDL), a framework developed by Meyer, Rose, and Gordon (2014) and advanced by CAST (2018, 2024). UDL is based on three principles:

1. Multiple Means of Engagement, which

addresses learners' interests and motivation.

2. Multiple Means of Representation providing diverse ways of accessing and understanding information.
3. Multiple Means of Action and Expression that allow learners to demonstrate knowledge in varied ways.

These principles are supported by practical checkpoints that guide teachers in designing lessons, assessing student progress, and developing instructional materials. UDL's strength lies in proactively removing barriers to participation, making it applicable to diverse South African classrooms where learners differ in language, socio-economic background, and learning styles (Black *et al.*, 2019).

These two frameworks are also informed by design-justice (Costanza-Chock, 2020) and decolonial theory (Smith, 1999), which highlight structural inequalities and power asymmetries in knowledge production and curriculum design. These perspectives question whose knowledge is privileged in mathematics classrooms and emphasise the need to value Indigenous knowledge as mathematically rigorous. They complement UDL by extending inclusion beyond pedagogy to broader systemic and policy considerations, such as assessment and resource allocation. The concept of ethnomathematics, introduced by D'Ambrosio (2001) and expanded by Gerdes (1998), positions mathematics as embedded in cultural practices, artefacts, games, and problem-solving in daily life. It emphasises that mathematics is not a universal, culture-free discipline but is expressed through traditions, crafts, and languages of different communities. In South Africa, ethnomathematics plays a key role in multilingual and multicultural classrooms, as it validates learners' lived experiences and connects mathematics learning to their identities and communities (Chahine, 2016). This makes ethnomathematics a natural ally of UDL, especially in advancing Engagement and Representation.

In South Africa, the Education White Paper 6 and the Screening, Identification, Assessment and Support (SIAS) Policy mandate the removal of learning barriers and provision of support (DBE, 2001, 2014). Furthermore, the Curriculum and Assessment Policy Statement (CAPS) encourage the use of contextualised, real-world mathematics applications (DBE, 2011). These align closely with UDL principles and ethnomathematics by promoting accessibility, inclusivity, and contextual relevance.

Taken together, these theories and perspectives create a comprehensive framework for analysing the

integration of UDL in ethnomathematics teaching. The framework highlights how inclusive design (UDL), cultural grounding (ethnomathematics), and attention to systemic inequalities (design-justice/decolonial theory) combine to support meaningful, accessible, and empowering mathematics education. The study demonstrates how inclusive, culturally responsive pedagogies can address persistent inequities in mathematics education and provide pathways for transformation in the South African context by applying this theoretical lens.

3. RESEARCH METHODOLOGY

This study employed a Systematic Literature Review (SLR) to explore the integration of Universal Design for Learning (UDL) in ethnomathematics teaching within the South African context. A systematic review was chosen because it provides a structured and transparent process for synthesising available evidence, thereby minimising bias and enhancing reliability (Kitchenham & Charters, 2007, 2016). The review highlights patterns, identifies gaps, and offers insights into how inclusive and culturally responsive pedagogies can strengthen mathematics education by consolidating findings across multiple studies. The methodology followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines; 2020, which promote rigour, transparency, and reproducibility in systematic reviews (Page et al., 2021). Although PRISMA was initially designed for health-related reviews, it has been widely applied in social sciences and educational research to ensure methodological consistency (Wittorski, 2012). The review was conducted in three phases: searching, screening, and analysis.

Phase 1: Searching

To ensure comprehensive coverage, the search strategy targeted major academic databases that provide access to educational and social science scholarship: Scopus, Web of Science, ERIC, and Google Scholar. Search terms were constructed around three key concepts: Universal Design for Learning, ethnomathematics, and South Africa, combined using Boolean operators (AND, OR). Example search strings included: “Universal Design for Learning” AND ethnomathematics AND “South Africa” “inclusive mathematics” AND “cultural mathematics” AND UDL “ethnomathematics” AND pedagogy AND “Universal Design for Learning”

The review focused on peer-reviewed empirical studies published between January 2015 and July

2025. This timeframe was selected to capture recent research developments on UDL and inclusive pedagogies in mathematics education. Only studies published in English were considered. Non-empirical works such as book reviews, opinion pieces, and purely theoretical discussions were excluded to maintain methodological rigour (Higgins & Green, 2011). This ensured that the synthesis was based on evidence derived from empirical research.

Phase 2: Screening

The initial database search yielded 520 records. Prior to screening, 50 duplicate records were removed, resulting in 470 unique records. These records were subjected to title and abstract screening. The following inclusion criteria guided screening: (1) the study explicitly addressed UDL, inclusive education, or ethnomathematics in mathematics teaching; (2) the research was conducted in the South African context or in contexts with direct relevance to South African education; (3) the study was empirical (qualitative, quantitative, or mixed-methods) & (4) the study was published in a peer-reviewed journal between 2015–2025.

Exclusion criteria ruled out articles that: did not focus on mathematics education; addressed inclusion or culture in general without reference to UDL or ethnomathematics; were not empirical in nature. Following title and abstract screening, 402 records were excluded, leaving 68 articles for full-text assessment. All 68 full-text articles were successfully retrieved and assessed for eligibility. After full-text evaluation, 47 articles were excluded for the following reasons: not empirical studies ($n = 18$), wrong population or non-school-based focus ($n = 9$), not conducted in South Africa or comparable contexts ($n = 8$), lack of explicit focus on UDL or ethnomathematics ($n = 7$), and insufficient data for extraction ($n = 5$). Consequently, 21 studies met all inclusion criteria and were retained for final analysis. The study selection process is summarised in a PRISMA 2020 flow diagram (Figure 1), which visually represents each stage of identification, screening, eligibility assessment, and inclusion.

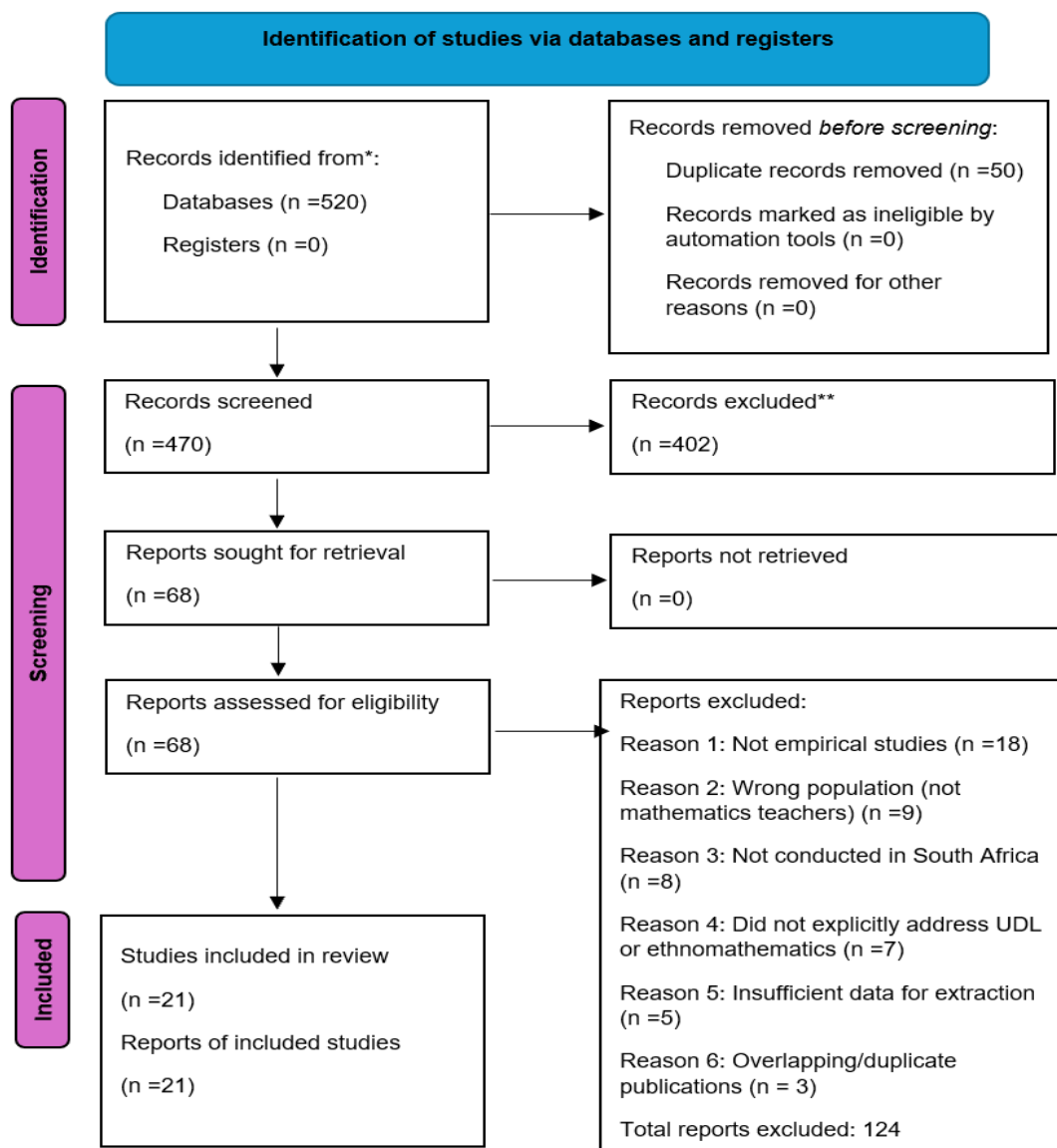
Phase 3: Analysis

The 21 selected studies were subjected to detailed examination using a structured data extraction form. Information was collected on: (1) research aims and methodologies (qualitative, quantitative, mixed methods); (2) contextual focus (classroom practices, teacher professional development, policy alignment, learner experiences); (3) UDL principles applied

(engagement, representation, action/expression); (4) integration with ethnomathematics (use of cultural artefacts, indigenous games, multilingual teaching practices); (5) key findings and implications for inclusive mathematics education.

The review process was documented through a PRISMA flow diagram (Liberati et al., 2009) (see Figure 1), which visually represented the stages of article identification, screening, eligibility, and inclusion.

Figure 1. PRISMA 2020 Flow Diagram for Study Selection



A thematic analysis was applied to synthesise findings across the reviewed studies (Braun & Clarke, 2006). Through iterative coding and categorisation, four themes emerged:

- (1) National policies and CAPS create a supportive environment for UDL-informed, context-rich mathematics.
- (2) Culturally relevant tasks (e.g., indigenous games) improve learner engagement.
- (3) Local artefacts (e.g., beadwork) provide

multiple representations that enhance understanding.

- (4) Teacher knowledge and sustained professional development are critical, and These themes highlight the potential of integrating UDL and ethnomathematics as a dual framework for fostering inclusion, equity, and cultural relevance in mathematics education in South Africa.

4. FINDINGS

Theme 1: Policy And Curriculum Alignment as an Enabler of Integration

South Africa's education policies strongly support inclusive mathematics teaching. *White Paper 6* (DBE, 2001) and the *SIAS Policy* (DBE, 2014) emphasise the removal of barriers to learning, which aligns with UDL's inclusive approach. CAPS (DBE, 2011) further promote contextualised learning that values diversity and encourages awareness of mathematics in social and cultural contexts. This creates space for ethnomathematics, where cultural games and practices enrich mathematics learning (Forbes, 2018; Machaba, 2019; D'Ambrosio & Rosa, 2017). Scholars argue that addressing cultural, linguistic, and social issues is key to equitable mathematics education (Favilli, 2004; Gasteiger et al., 2015; Naidoo, 2021). UDL guidelines (CAST, 2018, 2024) provide teachers with practical tools to implement these policies, ensuring that inclusive frameworks translate into culturally responsive classroom practices.

Theme 2: Culturally Relevant Tasks Increase Engagement

The review demonstrates that integrating culturally relevant activities enhances the meaningfulness and engagement of mathematics learning. When instruction reflects learners' cultural backgrounds, motivation, and performance improves (Naidoo, 2021; Moloi, 2013; Offorma, 2016). Studies demonstrate that using indigenous knowledge and traditional games such as *Morabaraba* in Southern Africa, *Alikoto* in Ghana, and *Engklek* in Indonesia supports the teaching of concepts like probability, algebra, geometry, and number operations (Nkopodi & Mosimege, 2009; Mudaly, 2018; Owusu & Obuo-Addo, 2023; Anisa et al., 2023; Asrial et al., 2020; Mania & Alam, 2021; Setiyadi et al., 2018). These games also build critical thinking and problem-solving skills while reinforcing cultural identity (Fouze & Amit, 2018; Pradana et al., 2022; Matsekoleng et al., 2024; Meeran, 2024). This approach aligns with D'Ambrosio's (2001) ethnomathematics, which views mathematics as connected to lived experiences, and with the UDL principle of multiple means of engagement, which emphasises relevance, authenticity, and learner choice (CAST, 2018). Research, therefore, reveals that culturally grounded tasks increase learner engagement, persistence, and inclusion in mathematics classrooms.

Theme 3: Multimodal Representations Support

Conceptual Understanding

The review highlights that mathematics learning is enriched when concepts are expressed through multiple cultural and symbolic forms. The benefit of multiple representations in a mathematics classroom is evident when they are used to represent a single mathematical concept in various ways and demonstrate connections across concepts, thereby strengthening mathematical understanding (Courtier et al., 2021). Historically, mathematics has been inseparable from culture, with meanings embedded in art, craft, language, and daily practices (Acharya et al., 2021; Jojo, 2024). Cultural variation can shape mathematical interpretation, for example, in how fractions or geometric shapes are defined across languages and traditions (Sumarto, 2020; Tjahyadi et al., 2019). Language remains a critical resource in classrooms, yet challenges arise when teachers and learners do not share the same home language (Matusov & Marjanovic-Shane, 2017; Jojo, 2024). In such cases, integrating cultural artefacts offers powerful alternatives. Studies show that objects like huts or beadwork contextualise mathematics, reinforce cultural identity, and deepen understanding of geometry, symmetry, and transformation (Kurniawan et al., 2023; Chahine, 2016; Gerdes, 1998). Such practices also promote higher-order skills, such as problem-solving and critical thinking (Hwang & Ham, 2021). These findings align with UDL's **principle of multiple means of representation** (CAST, 2018), ensuring that learners access mathematical ideas in varied ways. Therefore, multimodal and culturally grounded representations both enhance conceptual understanding and affirm learner identity, making mathematics more inclusive and meaningful.

Theme 4: Teacher Knowledge And Professional Learning

The successful integration of Universal Design for Learning (UDL) in ethnomathematics classrooms depends primarily on teachers' knowledge, beliefs, and professional preparation. Evidence from South African initiatives suggests that while workshops and targeted interventions demonstrate promise in raising awareness (Dalton, 2012; Moodley, 2024), many teachers still encounter gaps in both mathematical content knowledge and pedagogical practice, which hinder effective implementation (Adler & Ronda, 2015). This underscores the importance of sustained, contextually responsive professional development that explicitly addresses both UDL principles and ethnomathematical approaches. Teacher education plays a critical role in

bridging the gap between perception and practice. Programmes aim to provide pre-service teachers with both theoretical grounding and practical skills to design inclusive, culturally relevant instruction (Syzykbayeva, Bagitovna, Bakirovna, Evgenievna, Zhangazinovna & Meirkhanovna, 2022; Reid & Reid, 2017). The perception-to-practice framework suggests that teachers' beliefs, attitudes, and values formed during training strongly influence classroom decisions. In ethnomathematics, this includes recognising the value of cultural diversity, understanding how culture shapes mathematical knowledge, and appreciating the pedagogical potential of local practices. However, research shows that translating these perceptions into effective practice is not straightforward. Implementation is mediated by factors such as pedagogical skill, curriculum constraints, and the availability of culturally relevant resources (Juniati & Siswono, 2019; Thornton, 2017).

This challenge is particularly acute in rural South African contexts, where Mbhiza (2021) reports that as many as 60% of teachers lack formal training in mathematics education, creating significant disparities in instructional quality. Without adequate preparation, teachers may struggle to design lessons that integrate UDL strategies with ethnomathematical content in ways that are both inclusive and pedagogically sound.

The findings demonstrate that teacher knowledge and sustained professional learning are indispensable for transforming policy and theoretical commitments into meaningful practice. Equipping teachers with the necessary expertise and confidence ensures that UDL-informed ethnomathematics teaching moves beyond theory to create inclusive, engaging, and culturally responsive mathematics classrooms.

5. DISCUSSION

This review examined how UDL principles are implemented in ethnomathematics-based mathematics teaching in South Africa. Four themes emerged, each shedding light on the enablers, challenges, and learner outcomes in inclusive mathematics education.

The findings show that South Africa's education policies, such as White Paper 6 (DBE, 2001), SIAS (DBE, 2014), and CAPS (DBE, 2011), strongly support inclusive and contextualised mathematics learning. These frameworks create opportunities for ethnomathematics by legitimising cultural knowledge within curriculum delivery (Forbes, 2018; Machaba, 2019; D'Ambrosio & Rosa, 2017). This

aligns with UDL's proactive stance on barrier removal (CAST, 2018, 2024). However, as Clarkson notes in Favilli (2004), cultural and linguistic factors have historically been marginalised in mathematics education. Linking policy with practice through UDL and ethnomathematics helps address these inequities, resonating with Vygotsky's Sociocultural Theory, which emphasises contextualised, socially mediated learning (Vygotsky, 1978).

The review highlights that learners engage more deeply when mathematics is contextualised in cultural practices. Indigenous games, such as Morabaraba in South Africa and Alikoto in Ghana, embed probability, geometry, and algebra, while also fostering critical thinking and problem-solving skills (Mudaly, 2018; Owusu & Obuo-Addo, 2023). These findings support D'Ambrosio's (2001) ethnomathematics perspective, which posits that mathematics is inseparable from lived experience. UDL's principle of multiple means of engagement (CAST, 2018) reinforces this by stressing learner motivation, choice, and authenticity. The evidence, therefore, shows that cultural tasks not only enhance performance but also strengthen identity and persistence, consistent with Vygotsky's idea that learning is scaffolded through culturally meaningful tools (Lave & Wenger, 1991).

The findings confirm that multiple representations, linguistic, visual, symbolic, and artefactual, enrich mathematical learning. Historical and cultural forms, such as huts or Zulu beadwork, enhance learners' understanding of geometry, symmetry, and transformation while reinforcing their identities (Gerdes, 1998; Chahine, 2016; Kurniawan *et al.*, 2023). Courtier *et al.* (2021) further show that such practices allow connections across mathematical concepts. These align with UDL's principle of multiple means of representation, ensuring diverse learners can access ideas (CAST, 2018). However, linguistic diversity remains a barrier, as teachers often cannot code-switch into learners' home languages (Jojo, 2024). From a sociocultural lens, this confirms Vygotsky's emphasis on language as a cultural tool for meaning-making (Vygotsky, 1978).

A recurring challenge is teacher preparedness. While short-term interventions raise awareness (Dalton, 2012; Moodley, 2024), many teachers lack strong content knowledge and pedagogical training in mathematics (Adler & Ronda, 2015; Mbhiza, 2021). Teacher education programmes influence beliefs and attitudes, but translating these into culturally responsive practice is mediated by curriculum pressures and resource constraints (Juniati &

Siswono, 2019; Thornton, 2017; Syzdykbayeva et al., 2022). This confirms Vygotsky's notion of the More Knowledgeable Other (MKO): teachers require both expertise and structured professional support to effectively scaffold learners' growth. For UDL-informed ethnomathematics to succeed, continuous professional learning is essential.

6. LIMITATIONS OF THE STUDY

This systematic literature review has several limitations that should be considered when interpreting the findings. First, the review relied on peer-reviewed, published studies. This may introduce publication bias, as studies with non-significant or less favourable results are less likely to appear in journals. Second, it only included studies published in English. Therefore, relevant research in other languages may have been overlooked. Third, the review intentionally focused on the South African school context to provide background and policy context, including CAPS, SIAS, and White Paper 6. While this improves contextual relevance, it may limit the applicability of findings to other countries or education systems with different curricula and inclusion guidelines. Methodologically, the included studies varied widely in design (qualitative, quantitative, or mixed methods) and in participant groups and outcome measures. This variety limited direct comparisons across studies and made statistical meta-analysis impossible. In addition, although the review searched multiple databases, including Scopus, Web of Science, ERIC, and Google Scholar, and followed PRISMA guidelines, differences in database coverage and indexing may have resulted in missing some relevant studies. Finally, the synthesis relies on the quality and reporting of the included studies. When reporting was limited, the extraction of detailed evidence on UDL operationalisation and student outcomes may have been restricted.

7. CONCLUSION

This review concludes that integrating UDL principles with ethnomathematics offers a useful framework for inclusive mathematics teaching in South Africa. Policies such as White Paper 6, SIAS, and CAPS align well with this approach, but successful implementation requires sustained teacher professional development and resource support. Learners benefit when mathematics is connected to cultural practices, represented in

multiple ways, and delivered through inclusive strategies. Theoretically, the findings support Vygotsky's sociocultural theory, demonstrating that learning is socially and culturally situated, and they confirm the effectiveness of UDL in proactively removing barriers and broadening access. These frameworks provide a pathway to transform mathematics education into a more inclusive, equitable, and culturally relevant experience.

The review concludes that while South Africa's education policies provide an enabling environment for inclusive practice, policy frameworks alone do not guarantee implementation. Teachers require targeted support and resources to effectively implement these commitments in the classroom. Culturally relevant tasks, such as indigenous games and artefacts, alongside multimodal representations, emerge as central to fostering learner engagement and deepening conceptual understanding. At the same time, teacher knowledge and sustained professional development are vital to ensuring that inclusive practices are effectively applied and sustained over time. The findings also highlight the importance of drawing on community knowledge, which enriches mathematics classrooms, strengthens equity, and affirms learners' cultural identities. Ultimately, integrating Universal Design for Learning with ethnomathematics provides both pedagogical and cultural legitimacy, offering a transformative pathway to advance inclusive mathematics education in South Africa.

Future research should focus on classroom-based and intervention studies that combine Universal Design for Learning (UDL) with ethnomathematics in South African mathematics classrooms. We need design-based and quasi-experimental studies to assess UDL-informed ethnomathematics lesson sequences and their effects on learners' access, engagement, understanding, and achievement, particularly for students facing learning barriers. Further research should also examine teacher training programs that enhance UDL skills and knowledge of culturally relevant teaching. This should track changes in teacher beliefs and planning as they implement lessons in the classroom. Studies focusing on practical implementation across different settings, such as rural and urban areas, school phases and income levels are essential for identifying the support and barriers to learning. These studies will also help develop scalable, sustainable tools to support inclusive math practices.

REFERENCES

- Acharya, B. R. (2020). Promoting inclusive mathematics classroom practices in the schools of Nepal: An ethnographic inquiry. *International Journal of Research-Granthaalayah*, 8(3), 223–237.

<https://doi.org/10.29121/granthaalayah.v8.i3.2020.146>.

- Anfara, V. A., & Mertz, N. T. (2015). *Theoretical frameworks in qualitative research* (2nd ed.). SAGE.
- Anisa Y., Siregar R. F., Hafiz M. (2023). Ethnomathematics as an exploration of cultural mathematical concepts in traditional Indonesian Engklek games. *Asian Research Journal of Mathematics*, 19(7), 65–75. <https://doi.org/10.9734/arjom/2023/v19i7680>
- Asrial A., Syahrial S., Maison M., Kurniawan D. A., Perdana R. (2020). A study of traditional games 'Engklek' in mathematics for elementary school. *Jurnal Ilmu Pendidikan*, 26(1), 15–21. <https://doi.org/10.18844/cjes.v16i6.6500>
- Bakker, A., Cai, J., & Zenger, L. (2021). Future themes of mathematics education research: An international survey before and during the pandemic. *Educational Studies in Mathematics*, 107(1), 1–24. <https://doi.org/10.1007/s10649-021-10049-w>.
- Black, R. D., Weinberg, L. A., & Brodwin, M. G. (2019). Universal Design for Learning and instruction: Perspectives of students with disabilities in higher education. *Exceptionality Education International*, 29(3), 25–37.
- Boothe, K. A., Lohmann, M. J., Donnell, K. A., & Hall, D. D. (2018). Applying the principles of universal design for learning (UDL) in the college classroom. *Journal of Special Education Apprenticeship*, 7(3), n3.
- Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative Research in Psychology*, 3(2), 77–101. <https://doi.org/10.1191/1478088706qp063oa>
- Brodie, K. (2017). Mathematics pedagogy in South Africa: a human and academic project. In P. Webb & N. Roberts (Eds.), *The pedagogy of mathematics in South Africa* (pp. 175–183). Mistra. ISBN: 978-1-928341-11-6
- Brodie, K. (2022). What might diversity mean in JMTE? *Journal of Mathematics Teacher Education*, 25, 503–506. <https://doi.org/10.1007/s10857-022-09552-5>.
- CAST. (2018). Universal Design for Learning guidelines version 2.2. <http://udlguidelines.cast.org>
- CAST. (2024). Universal Design for Learning guidelines update. CAST.
- Chahine, I. (2016). Ethnomathematics and reflective abstraction: A framework for intercultural mathematics learning. *International Journal for Research in Mathematics Education*, 6(1), 57–77.
- Costanza-Chock, S. (2020). *Design justice: Community-led practices to build the worlds we need*. MIT Press.
- Courtier, P., Gardes, M. L., Van der Henst, J. B., Noveck, I. A., Croset, M. C., Epinat-Duclos, J., ... & Prado, J. (2021). Effects of Montessori education on the academic, cognitive, and social development of disadvantaged preschoolers: A randomised controlled study in the French public school system. *Child Development*, 92(5), 2069–2088. <http://doi.org/10.1111/cdev.13575>
- Crespo, S., Herbst, P., Lichtenstein, E. K., Matthews, P. G., & Chazan, D. (2022). Challenges to and opportunities for sustaining an equity focus in mathematics education research. *Journal for Research in Mathematics Education*, 53(2), 88–93. <https://doi.org/10.5951/jresmetheduc-2021-0215>.
- D'Ambrosio, U. & Rosa, M. (2017). Ethnomathematics and its pedagogical action in mathematics education. In M. Rosa, L. Shirley, M. E. Gavarrete, & W. V. Alanguí (Eds.), *Ethnomathematics and its diverse approaches for mathematics education* (pp. 285–305). Cham, Switzerland: Springer. Doi: <https://doi.org/10.1007/978-3-319-59220-6>
- D'Ambrosio, U. (2001). *Etnomatemática: Elo entre as tradições e a modernidade*. Autêntica.
- Department of Basic Education (DBE). (2001). *Education White Paper 6: Special needs education – Building an inclusive education and training system*. Pretoria: Government Printer.
- Department of Basic Education (DBE). (2011). *Curriculum and Assessment Policy Statement (CAPS): Mathematics*. Pretoria: Government Printer.
- Department of Basic Education (DBE). (2014). *Policy on Screening, Identification, Assessment and Support (SIAS)*. Pretoria: Government Printer.
- Favilli, F.(ed) 2004. *Ethnomathematics and Mathematics education*. Proceedings of the 10th International Congress of Mathematics Education Copenhagen, Discussion Group 15. Tipografia Editrice Pisana. Pisa
- Fouze A., Amit M. (2018). Development of mathematical thinking through integration of ethnomathematic folklore game in math instruction. *Eurasia Journal of Mathematics, Science and Technology Education*, 14(2), 617–630. <https://doi.org/10.12973/ejmste/80626>
- Fouze, A. Q., & Amit, M. (2023). The importance of ethnomathematics education. *Creative Education*, 14(4), 729–740.

- Gasteiger, H., Obersteiner, A., Reiss, K. (2015). Formal and Informal Learning Environments: Using Games to Support Early Numeracy. In: Torbeyns, J., Lehtinen, E., Elen, J. (eds) *Describing and Studying Domain-Specific Serious Games*. *Advances in Game-Based Learning*. Springer, Cham. https://doi.org/10.1007/978-3-319-20276-1_14
- Gerdes, P. (1998). On culture, geometrical thinking and mathematics education. *Educational Studies in Mathematics*, 19(2), 137–162.
- Higgins, J. P. T., & Green, S. (Eds.). (2011). *Cochrane handbook for systematic reviews of interventions* (Version 5.1.0). The Cochrane Collaboration.
- Hwang, J., & Ham, Y. (2021). Relationship between Mathematical Literacy and Opportunity to Learn with Different Types of Mathematical Tasks. *Journal on Mathematics Education*, 12(2), 199–222. <https://doi.org/10.22342/jme.12.2.13625.199-222>
- Jojo, Z. (2024). Culturally responsive pedagogy for the promotion of understanding Mathematics: The case of rural situated primary schools in Post-apartheid South Africa. *Interdisciplinary Journal of Social Studies*, 4(s1), 1-15.
- Juniati, D., & Siswono, T. Y. E. (2019). Examining Prospective Teachers' Belief and Pedagogical Content Knowledge towards Teaching Practice in Mathematics Class: A Case Study. *Journal on Mathematics Education*, 10(2), 185–202.
- Kabuye Batiibwe, M. S. (2024). The role of ethnomathematics in mathematics education: A literature review. *Asian Journal for Mathematics Education*, 3(4), 383–405. <https://doi.org/10.1177/27527263241300400> (Original work published 2024)
- Kitchenham, B., & Charters, S. (2007). Guidelines for performing systematic literature reviews in software engineering. EBSE Technical Report.
- Kitchenham, B., & Charters, S. (2016). Systematic literature reviews in software engineering – A tertiary study. *Information and Software Technology*, 55(8), 1341–1355.
- Kurniawan, H., Purwoko, R. Y., & Setiana, D. S. (2023). Integrating cultural artifacts and tradition from remote regions in developing mathematics lesson plans to enhance mathematical literacy. *Journal of Pedagogical Research*, 8(1), 61–74. <https://doi.org/10.33902/JPR.202423016>
- Ladson-Billings, G. (1995). Toward a theory of culturally relevant pedagogy. *American Educational Research Journal*, 32(3), 465–491.
- Ladson-Billings, G. (2014). Culturally relevant pedagogy 2.0: Aka the remix. *Harvard Educational Review*, 84(1), 74–84.
- Lave, J., & Wenger, E. (1991). *Situated learning: Legitimate peripheral participation*. Cambridge University Press.
- Liberati, A., Altman, D. G., Tetzlaff, J., Mulrow, C., Gøtzsche, P. C., Ioannidis, J. P., Clarke, M., Devereaux, P. J., Kleijnen, J., & Moher, D. (2009). The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate healthcare interventions. *PLoS Medicine*, 6(7), e1000100. <https://doi.org/10.1371/journal.pmed.1000100>
- Machaba, M.M. (2019). Mathematical games as tools for mathematics teaching in the Foundation Phase. *Journal of Social Sciences and Humanities*. 16(5), 1-8.
- Mania S., Alam S. (2021). Teachers' perception toward the use of ethnomathematics approach in teaching math. *International Journal of Education in Mathematics, Science, and Technology*, 9(2), 282–298. <https://doi.org/10.46328/ijemst.1551>
- Mania S., Alam S. (2021). Teachers' perception toward the use of ethnomathematics approach in teaching math. *International Journal of Education in Mathematics, Science, and Technology*, 9(2), 282–298. <https://doi.org/10.46328/ijemst.1551>
- Matsekoleng T. K., Mapotse T. A., Gumbo M. T. (2024). The role of indigenous games in education: A technology and environmental education perspective. *Diaspora, Indigenous, and Minority Education*, 18(1), 68–82. <https://doi.org/10.1080/15595692.2022.2160436>
- Matthews, P. G., Herbst, P., Crespo, S., & Lichtenstein, E. K. (2022). Continuing a conversation about equity-focused research in mathematics education. *Journal for Research in Mathematics Education*, 53(5), 342–349. <https://doi.org/10.5951/jresmetheduc-2022-0125>.
- Matusov, E., & Marjanovic-Shane, A. (2017). Many faces of the concept of culture (and education). *Culture & Psychology*, 23(3), 309–336. <https://doi.org/10.1177/1354067X16655460>
- Meeran, S., Kodisang, S. M., Moila, M. M., Davids, M. N., & Makokotlela, M. V. (2024). Ethnomathematics in

- Intermediate Phase: Reflections on the Morabaraba Game as Indigenous Mathematical Knowledge. *African Journal of Research in Mathematics, Science and Technology Education*, 28(2), 171–184. <https://doi.org/10.1080/18117295.2024.2340095>
- Meyer, A., Rose, D. H., & Gordon, D. (2014). *Universal design for learning: Theory and practice*. CAST Professional Publishing.
- Moll, L. C., Amanti, C., Neff, D., & González, N. (1992). Funds of knowledge for teaching: Using a qualitative approach to connect homes and classrooms. *Theory into Practice*, 31(2), 132–141.
- Mosimege M., Ismael A. (2004). Ethnomathematical studies on indigenous games: Examples from Southern Africa. *Ethnomathematics and Mathematics Education: Proceedings of the 10th International Congress of Mathematics Education Copenhagen* (pp. 119–137). University of Pisa.
- Mudaly, V. (2018). Decolonising the mind: Mathematics teachers explore possibilities for indigenising the school curriculum *Journal of Education*, 74(1), 67–84. doi:10.17159/2520-9868/i74a05
- Naidoo, J. (2021). Integrating indigenous knowledge and culturally based activities in South African mathematics classrooms. *African Journal of Teacher Education*, 10(2), 17–36.
- Owusu P., Obuo-Addo A. (2023). Alikoto: Mathematics instruction and cultural games in Ghana. *Cogent Education*, 10(1), 2207045. <https://doi.org/10.1080/2331186X.2023.2207045>
- Page, M. J., McKenzie, J. E., Bossuyt, P. M., Boutron, I., Hoffmann, T. C., Mulrow, C. D., Shamseer, L., Tetzlaff, J. M., Akl, E. A., Brennan, S. E., Chou, R., Glanville, J., Grimshaw, J. M., Hróbjartsson, A., Lalu, M. M., Li, T., Loder, E. W., Mayo-Wilson, E., McDonald, S., ... Moher, D. (2021). The PRISMA 2020 statement: An updated guideline for reporting systematic reviews. *BMJ*, 372, n71. <https://doi.org/10.1136/bmj.n71>
- Pradana K. C., Rizki Putra A., Rahmawati Y. (2022). Ethnomathematics on traditional culture: A bibliometric mapping analysis and systematic review on database Scopus. *International Journal Corner of Educational Research*, 1(1), 1–8. <https://doi.org/10.54012/ijcer.v1i1.61>
- Pyper, J. S. (2017). Learning about ourselves: A review of the Mathematics Teacher in the Digital Era. *Canadian Journal of Science, Mathematics and Technology Education*, 17(3), 234–242. doi:10.1080/14926156.2017.1297509
- Reddy, V., Juan, A., Isdale, K., & Fongwa, S. (2019). Mathematics achievement and the inequality gap: TIMSS 1995–2015 Educational outcomes in post-apartheid South Africa. In N. Spaull & J. Jansen (Eds.), *South African Schooling: The Enigma of Inequality* (pp. 169–188). Springer. <https://doi.org/10.1007/978-3-030-18811>
- Reid, M., & Reid, S. (2017). Learning to Be a Math Teacher: What Knowledge Is Essential?. *International Electronic Journal of Elementary Education*, 9(4), 851–872.
- Setiyadi D., Zaenuri Z., Mulyono M., Dwidayati N. K. (2018, September). The traditional games as A means of learning resources two dimensional figures in primary school. In *International Conference on Science and Education and Technology 2018 (ISET 2018)* (pp. 99–103). Atlantis Press. <https://doi.org/10.2991/iset-18.2018.21>
- Smith, L. T. (1999). *Decolonizing methodologies: Research and Indigenous peoples*. Zed Books.
- Sumarto, S. (2020). Forming community culture in advancing education: Study of the Community Ideology Guards Community (KPIB) in higher education. *Prodising ISID*, 1, 28–39. <https://doi.org/10.37092/prosidingisid.v1i1.176>
- Syzdykbayeva, A., Bagitovna, K. F., Bakirovna, A. A., Evgenievna, A. L., Zhagazinovna, M. M., & Meirkhanovna, B. A. (2022). Training of future teachers for the implementation of continuity of pre-school and primary mathematical education. *Jurnal Cakrawala Pendidikan*, 41(2), 531–540.
- Thornton, N. A. (2017). Culturally Relevant Literacy Instruction: Promoting Shifts in Teachers' Beliefs and Practices. In *Handbook of Research on Teacher Education and Professional Development* (pp. 308–336). IGI Global Scientific Publishing.
- Tjahyadi, I., Wafa, H., & Zamroni, M. (2019). *Buku ajar kajian budaya lokal*. Pagan Press. <http://doi.org/10.31943/mathline.v8i4.474>
- Vithal, R., & Jurdak, M. (2018). Mainstreaming of the sociopolitical in mathematics education. In M. Jurdak & R. Vithal (Eds.), *Sociopolitical Dimensions of Mathematics Education From the margins to the mainstream* (pp. 1–12). Springer. <https://doi.org/10.1007/978-3-319-72610-6>
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.

- Wertsch, J. V. (1991). *Voices of the mind: A sociocultural approach to mediated action*. Harvard University Press.
- Wittorski, R. (2012). Systematic reviews and meta-analyses: Transparency, rigor and reproducibility. *Revue Française de Pédagogie*, 178(1), 113–117.
- Yolcu, A. (2019). Research on equitable mathematics teaching practices: Insights into its divergences and convergences. *Review of Education*, 7(3), 701–730. <https://doi.org/10.1002/rev3.3163>.